# CHRISTUS Health Gulf Coast



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#### CHRISTUS St. John Hospital is a

178-bed full-service acute care hospital, located across from NASA-Johnson Space Center in Nassau Bay, Texas. We offer a wide range of comprehensive medical services including cardiology, sports medicine, intensive care, emergency medicine, diagnostic imaging, advanced laparoscopic surgical procedures, a dedicated oncology unit, concussion services and private birthing suites for expectant mothers.



Our cancer program is accredited by the American College of Surgeon's Commission on Cancer and we are partnered with MD Anderson Cancer Center to bring comprehensive cancer treatment to the Bay Area Houston.

**Our Concussion Center provides** evaluation and treatment for sports related concussion injuries to local athletes. The Concussion Center is not limited to sports related concussions, but also conducts neuropsychological evaluations on individuals affected by traumatic brain injury, stroke, brain tumor, epilepsy, movement disorders, dementia, central nervous disorders and those who have experienced changes in their cognitive function. A neuropsychological evaluation assesses cognitive and behavioral function.

St. John Laboratory is pleased to offer the community an experienced pathology team, highly skilled in the performance and interpretation of fine needle aspiration biopsy. This minimally invasive test is a powerful tool in the initial diagnosis of both superficial and deep organrelated mass lesions, and is a critical component of therapeutic decision-making in patients with both malignant and benign tumors.

CHRISTUS St. John is a nationally accredited Cycle II Chest Pain Center. This accreditation is given by the Society of Chest Pain Centers.

The 20,000-square-foot sports medicine and rehabilitation complex offers a full range of rehabilitative treatment, a fitness center and hand, pediatric and aquatic therapies. The Sports Medicine program also provides 11 local area high schools with athletic trainers.

### CHRISTUS St. Catherine

Hospital is a full-service hospital offering comprehensive medical and surgical care in cardiology, oncology, intensive care, emergency medicine, diagnostic imaging, obstetrics and gynecology, pediatrics, bariatrics, advanced laparoscopic procedures, cancer treatment, cardiovascular and vascular specialties. The 102bed hospital has the only **Comprehensive Heart Program** in Katy, providing cardiovascular services ranging from diagnostic procedures to open heart surgery.

The hospital was granted the designation of an accredited Chest Pain Center with PCI,

dedicated to assessing a patient's heart problem quickly and accurately through the critical early stages of an acute coronary event to the diagnosis and recommended treatment that could save lives.



Specialists at the CHRISTUS St. Catherine Sports Medicine and Rehabilitation Center use state-of-the-art equipment including AquaCisers to treat many conditions. The Center also specializes in hand therapy with the only Certified Hand Therapist in Katy.

The new Women's Imaging Center offers the latest in technology in a comfortable and soothing environment, where women can be treated among women.

The University of Texas M.D. Anderson Radiation Treatment Center provides radiation treatment at the new CHRISTUS Medical Specialty Pavilion.

CHRISTUS St. Catherine Hospital embraces the responsibility of caring for the community. These values and the mission attract associates that share these beliefs. The hospital achieved the Pathway to Excellence designation by the American Nurses Credentialing Center (ANCC) and was honored as one of Houston Business Journal's Best Places to Work for 2007, 2008 and 2009.



The Mission of CHRISTUS Health: To Extend the Healing Ministry of Jesus Christ



# CHRISTUS Health Gulf Coast

## Improving the Health of the Communities We Serve is a Primary Focus

A Synopsis of Community Benefit in Fiscal Year 2009

### **CHRISTUS Health Gulf Coast,**

a region of the CHRISTUS Health system, continues our journey to excellence that began ten years ago by improving the health of the communities we serve. The region works closely with the communities to ensure identified needs are incorporated in the regional community-owned plan as well as the CHRISTUS Health system's strategic plan.

We actively fulfill our mission of extending the healing ministry of Jesus Christ by supporting a broad array of community-based services and programs that facilitate access to care with special attention given to the health status of the low income, uninsured and underinsured populations. This report of community benefit is only a snapshot of the support and value provided to the communities we serve.

CHRISTUS Health Gulf Coast follows the Catholic Health Association (CHA) and State of Texas guidelines for reporting community benefit.

**Charity Care** is defined as the unpaid cost of medical services provided to the uninsured and underinsured, including Medicaid. During fiscal year 2009, CHRISTUS Health Gulf Coast provided more than \$8.7 million in



Charity Care, which is 4.6 percent of the region's net patient revenue. Of this amount, **Unpaid Government Indigent Care** for the underserved, predominately Medicaid, comprises more than \$1.8 million of unpaid costs for fiscal year 2009, which is 1.0 percent of net patient revenue.

CHRISTUS Health Gulf Coast also contributed more than \$1.5 million in **Community Services** to the Gulf Coast community in fiscal year 2009. Thus, CHRISTUS Health Gulf Coast provided \$10.3 million in total community benefit, which is 5.4 percent of net patient revenue earned in fiscal year 2009. This equates to more than \$28,000 a day in community benefit. CHRISTUS Health Gulf Coast reinvests all profits we earn back into the community through expanded health services, new technologies and better facilities.

In addition, cost of **Unpaid Government Sponsored Programs**, mostly Medicare is reported to the state of Texas following the state's Community Benefit reporting requirements. This year, that amount for CHRISTUS Health Gulf Coast was more than \$17.3 million, or 9.0 percent of the region's net patient revenue. In accordance with CHA Guidelines, CHRISTUS Health Gulf Coast does not include this amount in reports of community benefit provided to other agencies.

CHRISTUS HEALTH GULF COAST Community Benefit Fy2008 vs Fy2009	YEAR ENDED 06/30/08		YEAR ENDED 6/30/09	
	UNPAID COSTS \$	AS A % of NPR*	UNPAID Costs \$	AS A % of NPR*
CHARITY CARE				
Charity Care	6,521,264	3.7	6,921,859	3.6
Unpaid Government Indigent Care (predominately Medicaid)	1,430,921	0.8	1,826,222	1.0
Charity Care Subtotal	7,952,185	4.5	8,748,081	4.6
COMMUNITY SERVICES	1,483,404	0.8	1,521,268	0.8
Total Community Benefit as per CHA Guidelines	9,435,589	5.3	10,269,349	5.4
UNPAID GOVERNMENT SPONSORED PROGRAMS (predominately Medicare)	21,810,814	12.2	17,399,661	9.0
Total Community Benefit plus unpaid Medicare costs per State of Texas rules	31,246,403	17.5	27,669,010	14.4
NET PATIENT REVENUE (NPR)*	178,509,263		191,652,228	

\*All numbers are taken from the consolidated financial statements